

SKELETAL & ARTICULAR SYSTEMS

TERMS OF MOVEMENTS

CN: Observe the side view anatomical position of the body centered between the figures above with flexed joints C and D and extended joints A and B. (1) Color the listed items of movement and the related arrows pointing to the various joints in each of the figures shown. (2) As you color each arrow, move your own related joint in the same manner.

EXTENSION_A

DORSIFLEXION_B

FLEXION_C

PLANTAR FLEXION_D

ADDUCTION_E

ABDUCTION_F

CIRCUMDUCTION_G

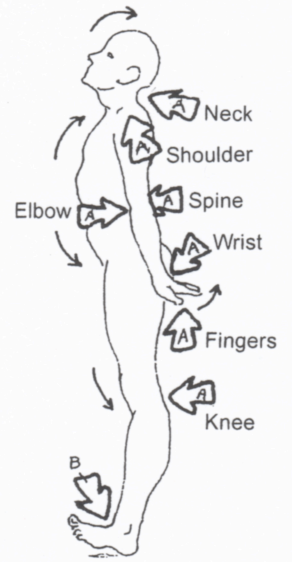
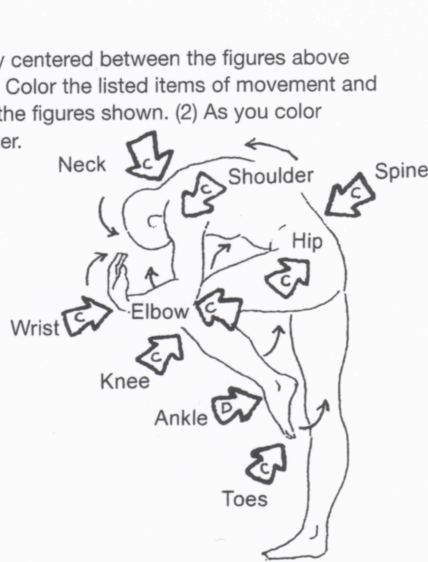
ROTATION_H

SUPINATION_I

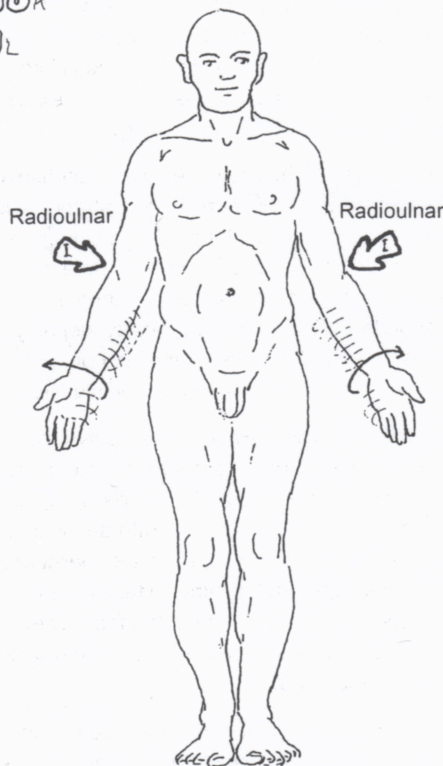
PROMINATION_J

INVERSION_K

EVERSION_L



ANATOMICAL POSITION
(Neutral)



ANATOMICAL POSITION
(Neutral)

